

## FULL MARATHON AID STATIONS

Water, followed by Gatorade, will be at all Aid Stations. Additional nutrition offerings are listed below.

**Note:** Location miles are approximate.

<b>Mile 4</b>	Gu Gels
<b>Mile 7</b>	Gu Gels, Raisins
<b>Mile 9</b>	Pretzels, Almonds
<b>Mile 11</b>	Gu Gels, Dates
<b>Mile 13</b>	Pretzels, Pickle Juice
<b>Mile 14</b>	Gu Gels, Twizzlers
<b>Mile 15</b>	Pretzels, Almonds
<b>Mile 16.5</b>	Bananas, Gu Gels, Raisins
<b>Mile 18</b>	Gu Gels, Pretzels
<b>Mile 19</b>	Gu Gels, Dates
<b>Mile 20</b>	Gu Gels, Twizzlers
<b>Mile 21</b>	Pretzels, Almonds
<b>Mile 22.5</b>	Bananas, Gu Gels, Twizzlers, Shot Blocks, Pretzels, Pickle Juice
<b>Mile 23</b>	Pretzels
<b>Mile 24</b>	Bananas, Gu Gel, Dates
<b>Mile 25</b>	Jelly Beans

# FULL MARATHON & RELAY



CALENDAR OF EVENTS

## TREASURE COAST CHALLENGE SERIES

**SATURDAY, FEBRUARY 17**

**7am-M.E.'s Team 5K/10K:** Jensen Beach High School, 2875 NW Goldenrod Rd, Jensen Beach FL

## RACE WEEKEND EVENTS

**SATURDAY, MARCH 3**

**7am-Sailfish 5K/10K:** Memorial Park, 300 SE Ocean Blvd, Stuart FL

**10am-5pm Race Packet Pick-up:** Host Hotel\*

**10am-5pm Fitness Expo:** Host Hotel\*

**12pm-4pm Marathon Relay Teams Safety Briefing (every hour):** Host Hotel\*

**12pm-4pm Race Course Review Briefings (every hour):** Host Hotel\*

**5pm-7pm Pre-Race Pasta Party:** **Talk House**, 514 N Dixie Hwy, Stuart

**7pm-12am Music/Drinks:** **Talk House**, 514 N Dixie Hwy, Stuart

**SUNDAY, MARCH 4**

**4:45am Late Registration:** Race Village (official time only, pending sellout)

**5:45am Pre-Race Safety and Course Briefing - Marathon/Marathon Relay/Half**

**6am RACE START - Marathon/Marathon Relay/Half Marathon:** Start Line

**8:30am (time approx) Unofficial Half Marathon Race Results** begin to be posted: Timer's Tent, Race Village

**9am-2pm Finish Line Celebration/Post Event Party**

**9:30am (time approx) Unofficial Full Marathon & Relay Race Results** begin to be posted: Timer's Tent, Race Village

**10:30am (time approx) Half Marathon Awards Ceremony:** Race Village, Stage

**11:30am (time approx) Full Marathon/Marathon Relay Awards Ceremony** Race Village, Stage

**1pm Race course closes**

**7pm Race results posted:** treasurecoastmarathon.com

\***Host Hotel** – Marriott Beach Resort (Hutchinson Island), 555 NE Ocean Blvd., Stuart FL 34996

## SIGNATURE SPONSOR



## EXECUTIVE SPONSOR



## PLATINUM SPONSORS



## GOLD SPONSORS



**Special Thanks To:** Stuart Police • Sewall's Point Police • Martin County Parks & Rec • Martin County Sheriff's Office • Council on Aging of Martin County • Diabetes Research Institute • Elev8 Hope • Florida Oceanographic Society Helping People Succeed • ME's Team • YMCA of the Treasure Coast

## RACE VILLAGE

### START & FINISH

March 4, 2018 - 6am  
Memorial Park, Stuart FL  
(300 SE Ocean Blvd)

Route Split Here

Route Split Here



## ATTENTION SPECTATORS

Top spectator cheering points include the Start/Finish Line and several points within walking distance. Look for the symbol above on the map views. There is not a spectator shuttle.

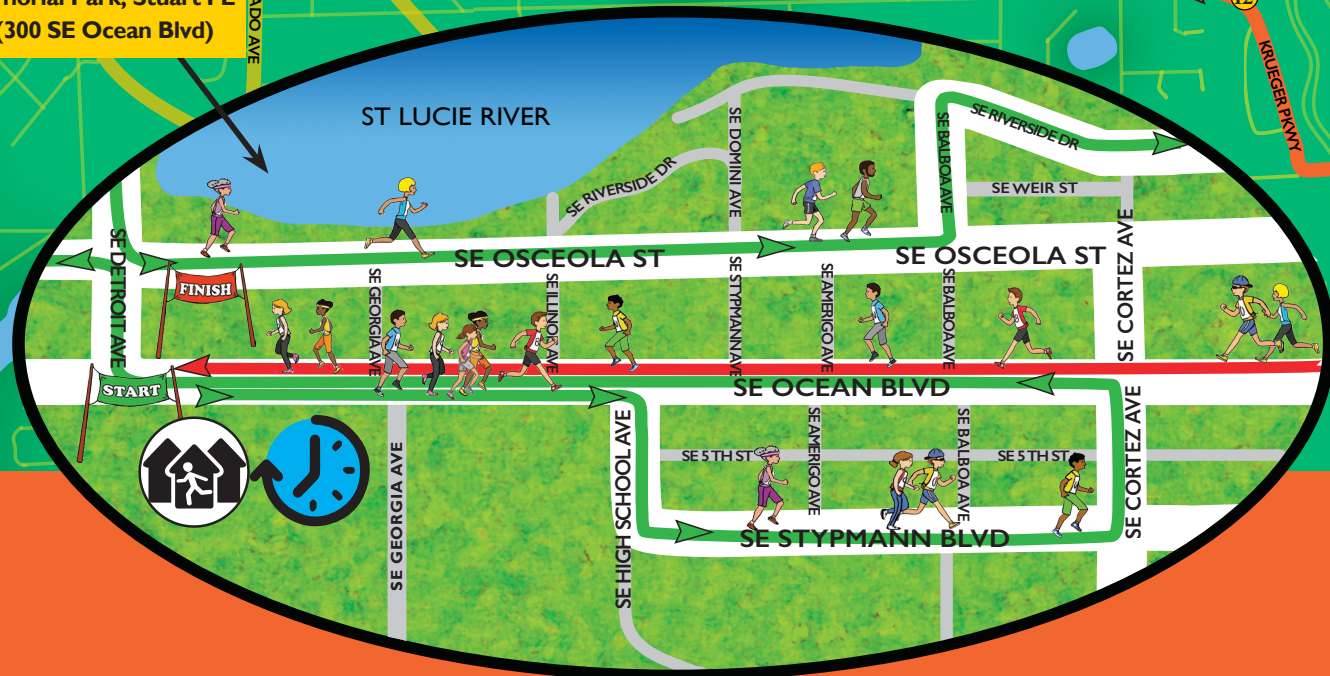
Donna Stackhouse  
ILLUSTRATION • GRAPHIC DESIGN  
www.dstack.com



# HALF MARATHON



**RACE VILLAGE  
START & FINISH**  
March 4, 2018 - 6am  
Memorial Park, Stuart FL  
(300 SE Ocean Blvd)



LEGEND	
	Aid Station
	Cool Mist Shower
	Medical Station
	Parking Area
	Portoilet
	Race Village
	Relay Exchange Station
	Spectator Area
	Timer's Tent

HALF MARATHON AID STATIONS	
Water, followed by Gatorade, will be at all Aid Stations. Additional nutrition offerings are listed below. Note: Location miles are approximate.	
Mile 4	Gu Gels
Mile 6.5	Bananas, Gu Gels, Twizzlers, Shot Blocks, Pretzels, Pickle Juice
Mile 8	Gu Gels, Dates
Mile 9.5	Bananas, Gu Gels, Twizzlers, Shot Blocks, Pretzels, Pickle Juice
Mile 10	Pretzels
Mile 11	Bananas, Gu Gels, Dates
Mile 12	Jelly Beans

## PRE-RACE INFORMATION

**GEAR CHECK:** A gear check-in table and covered storage will be available in Race Village near the start and finish line. Please refrain from leaving valuables.

**RACE START:** Race start is located on SE Ocean Blvd. Please line up by your expected pace as indicated by pace flags. ALL RACES (full & half marathon and marathon relay) WILL START PROMPTLY AT 6am!

**PACERS:** There will be 18 different pace groups. Eleven pacers will lead the full marathon with finish goals ranging from 3 to 6 hours. Seven pacers will lead the half marathon with finish goals ranging from 1:30 to 3 hours. Pacers will begin lining up in the start area holding their pace signs at 5:30am.

## POST-RACE INFORMATION

**RESULTS:** Half marathon and full marathon results will be posted at Race Village by the timer's tent adjacent to the finish line. Final and official results will be posted online at: <http://treasurecoastmarathon.com/results>.

**FINISH LINE CELEBRATION:** There will be a fantastic finish line celebration featuring post-race nutrition, music, awards, free massage, and beer. The complimentary buffet and beer are available to bibbed runners only – please keep bib visible.

**AWARD CEREMONIES:** Friends and family are welcome to join and cheer runners at the awards ceremonies in Race Village, beginning about 10:30am for the half marathon and 11:30am for the full marathon.

**LOST AND FOUND:** Lost articles can be claimed at the Gear Check area in Race Village. Unclaimed items will be donated.

## GETTING TO THE START LINE

Runners and spectators should arrive at parking areas NO LATER THAN 5:00am to avoid missing the 6:00am RACE START.

**There is ample FREE PARKING in municipal lots close to the start/finish line:**

**COURTHOUSE LOTS:** SE Flagler Ave -Two large parking lots, one on either side of SE Flagler Ave. Entry is from the south end of SE Flagler Ave via SE Martin Luther King Jr Blvd (best), or from the north end via SE Ocean Blvd.

**BALLFIELD LOTS:** SE Georgia Ave -Two small parking lots on the west side of SE Georgia Ave. Entry is via SE Martin Luther King Jr Blvd ONLY (the north end of SE Georgia Ave will be closed at SE Ocean Blvd).

**KIWANIS PARK LOT:** Corner of SE 5th St. and Dixie Hwy (Rt. A1A) – One large parking lot adjacent to the Kiwanis Park and Playground. Access from north is via S Colorado Ave and 5th St. Access from south is via Dixie Hwy at 5th St.

**DOWNTOWN LOT:** South side of SW Flagler Ave (adjacent to the railroad Tracks). Access is via S Colorado Ave or SW St. Lucie Ave.

**SAILFISH FOUNTAIN LOT:** SE corner of the fountain traffic circle. Access is via Joan Jefferson Way or S Dixie Hwy (Rt. A1A).